



# *Prepare for your* PASSOVER SEDER

The Friends of Israel Gospel Ministry | [foi.org/passover](https://foi.org/passover)



# GATHER YOUR FRIENDS & FAMILY

Our Passover Packet is designed to help prepare you for your own Passover Seder experience, depending on your level of involvement. For best experience, download the Haggadah at [gofoi.org/haggadah](https://gofoi.org/haggadah).

## ***Follow Along***

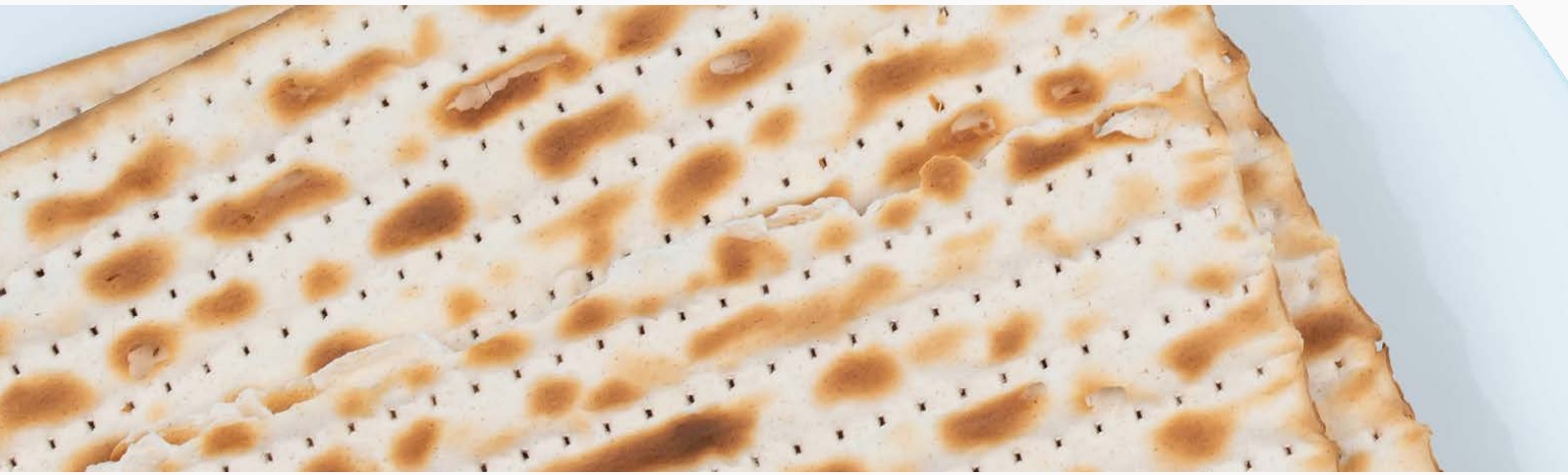
Use this packet to understand what the elements are and how they are set up for a Passover while watching along with one of our Seder demonstration videos.

## ***Seder Plate Participation***

Use this packet to gather items and set your own Seder plate to participate along with one of our Seder demonstration videos.

## ***Full Seder Meal Experience***

Use this packet to gather items, set your own Seder plate, and cook a meal for those with whom you're experiencing the full Seder dinner.



# SHOPPING LIST

Your at-a-glance shopping list to set the elements.  
Serves 6–8 people (1 table). See “On the Seder Plate”  
for further instruction.

- ☐ Shank bone or chicken bone
- ☐ Egg
- ☐ 1 bunch parsley
- ☐ 1 small jar horseradish
- ☐ 2 medium red apples
- ☐ 1 package chopped walnuts
- ☐ Cinnamon
- ☐ 1 box matzoh
- ☐ Grape juice
- ☐ Water
- ☐ Salt
- ☐ 2 candles
- ☐ 1 large white cloth napkin







# ON THE SEDER PLATE

ITEMS	INSTRUCTIONS
Shank bone	One per table. This can be secured at a butcher. If they charge you, use chicken bone instead.
Egg	One per table, hard-boiled. Don't peel.
Parsley	Wash the parsley and put enough at each table for each person to eat a little.
Horseradish	Just enough for each person to taste.
Charoset	One-half cup per plate. See recipe on next page.
Matzoh	Unsalted flat cracker. Comes in boxes of about 12. You will need three sheets wrapped in a white napkin at each table, plus enough extra for each person to taste.
Grape Juice	At least six ounces per person.
Bowl of water	To be used as a finger bowl. Each person dips fingers in water, and then dries them with a towel.
Bowl of salt water	One on each table. Used to dip parsley in.
Candles	Two candle holders and candles either white or blue.
White cloth	One cloth used to cover matzoh.





# RECIPE | CHAROSET

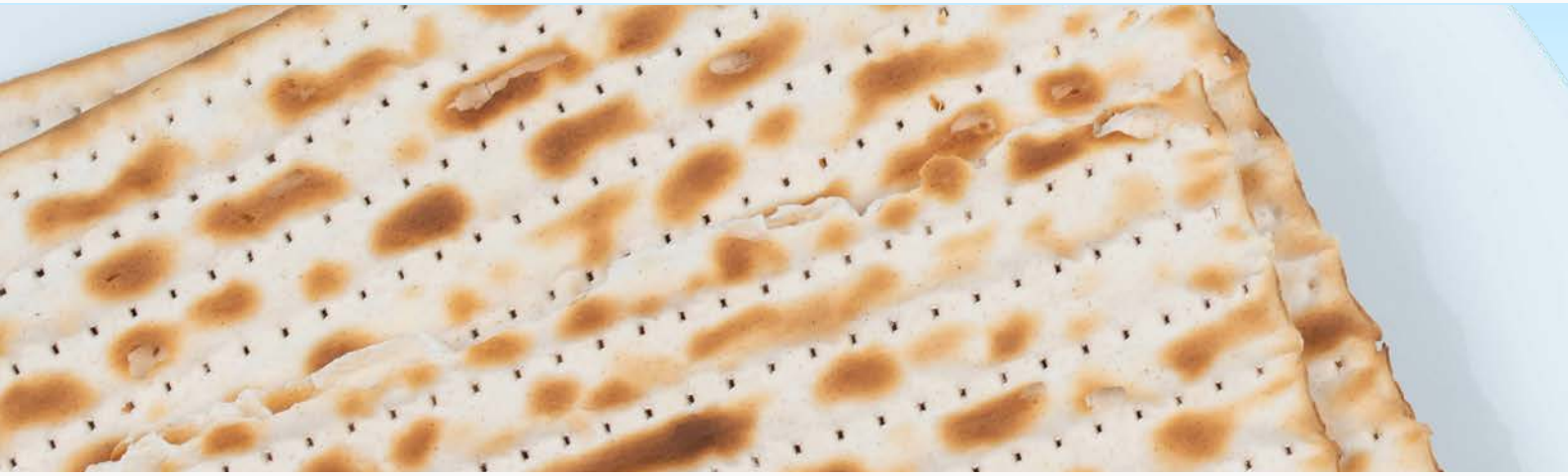
makes 2 cups

## INGREDIENTS

2 medium red  
apples grated  
2 tbsp. chopped  
walnuts  
2 tsp. cinnamon  
1 tbsp. grape juice

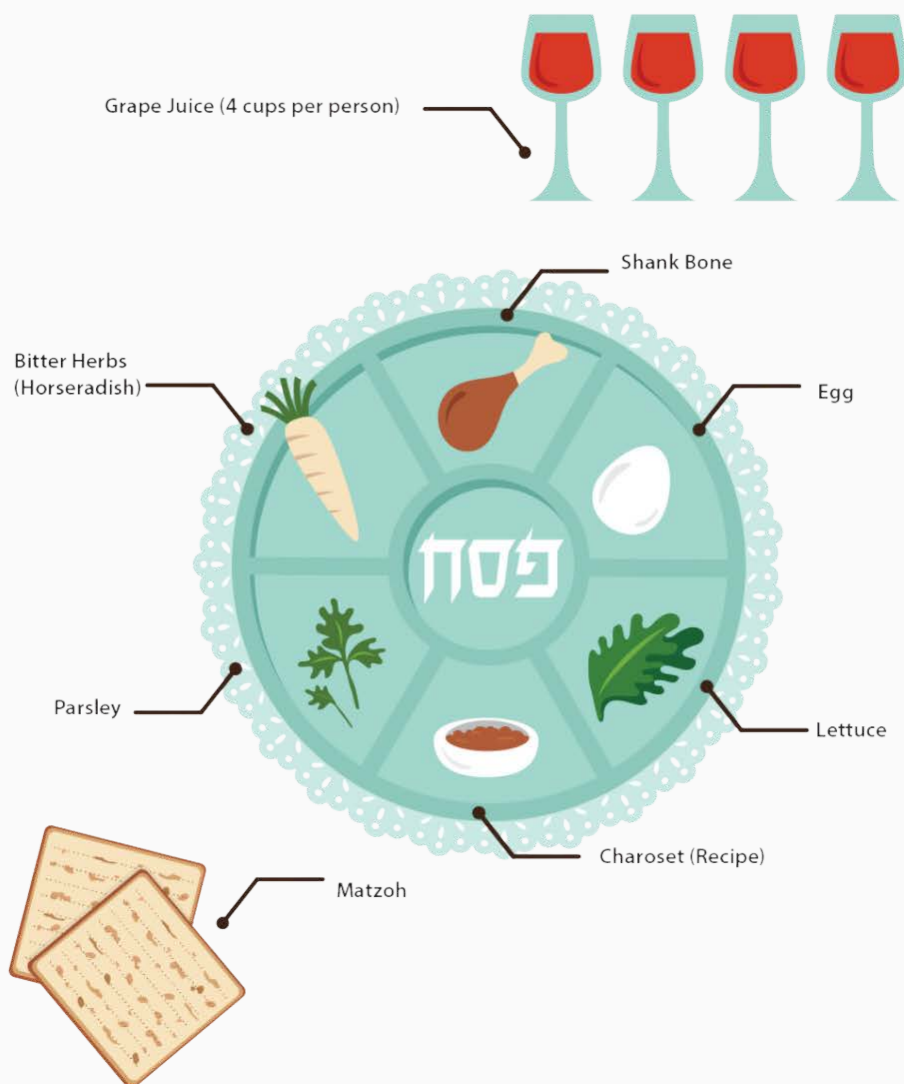
## DIRECTIONS

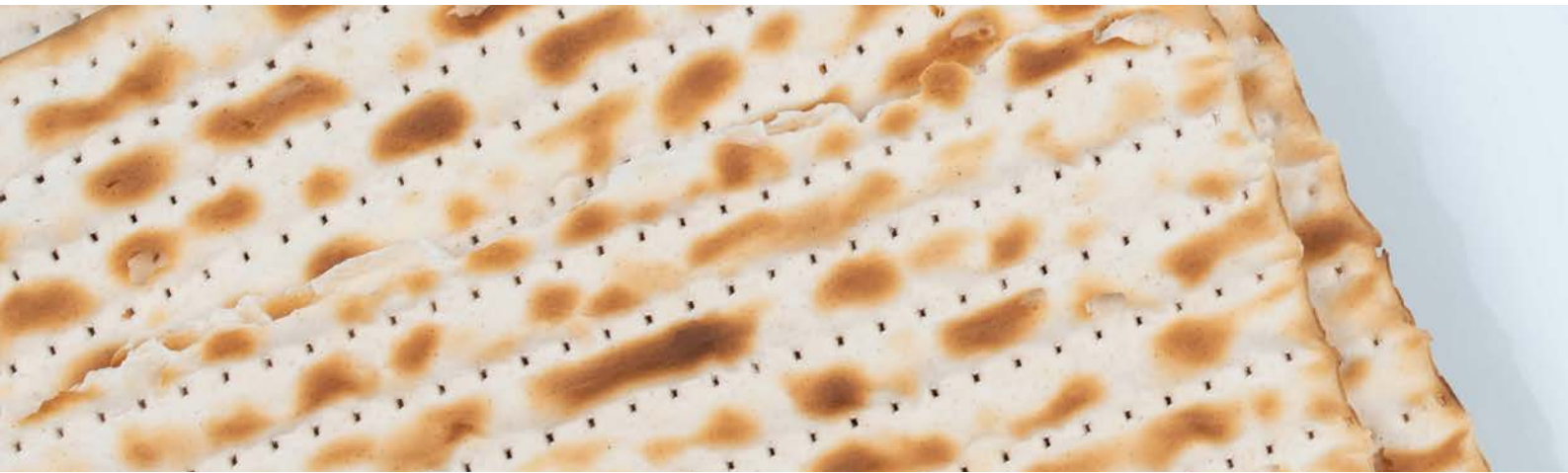
Mix them all together



# SET THE SEDER PLATE

Set one plate per table (6-8 people or less)





# A TYPICAL SEDER MEAL

Below are suggested traditional dishes to serve at a Seder meal. Hosts can choose to serve as few or as many dishes as they wish at their own Passover.

<b>Appetizer</b>	Gefilte fish (cut into bite-size pieces)
<b>Matzoh Ball Soup</b>	See recipe on next page
<b>Main Course</b>	Choose one (recipes included for the following four): Apricot Chicken Jerusalem Chicken My Daughter's Favorite Chicken Mr. Brisket's Brisket
<b>Side Dishes</b>	Salad Potato Kugel Green Beans Roasted Potatoes
<b>Dessert</b>	Buy Manischewitz mixes for brownies, sponge cake, or others you see. Store bought macaroons are wonderful as well.





# RECIPE | MATZOH BALL SOUP

makes about 8 balls

## INGREDIENTS

2 tbsp. of vegetable oil

2 large eggs, slightly beaten

½ cup Manischewitz matzoh meal

2 tbsp. soup stock or water

1 tsp. salt, if desired

4 qts. of chicken broth or prepared chicken soup

## DIRECTIONS

1. In a bowl beat eggs; add oil, matzoh meal, and salt. Blend together. Add broth or water and mix until uniform.
2. Cover mixing bowl and place in refrigerator for 20 minutes.
3. In the meantime, bring 6 cups salted water to a brisk boil in a 4 quart pot.
4. Remove chilled matzoh ball mixture from the refrigerator. Wet hands, and form batter into matzoh balls, approximately 1 inch in diameter.
5. Reduce heat. Drop matzoh balls into pot of boiling water.
6. Cover tightly and simmer until thoroughly cooked, about 30–40 minutes.
7. Remove matzoh balls from water and place in room temperature or warmer chicken broth or chicken soup.
8. When ready to serve, allow soup to simmer for about 5 minutes.



# RECIPE | APRICOT CHICKEN

serves 6-8

## INGREDIENTS

6 baby chickens  
halved (or two  
whole chickens, cut  
up)

salt, pepper, ginger

32 oz. canned  
apricots

1/3 cup orange  
juice

1 tbsp. syrup

1 tsp. ginger

1 tsp. soy sauce

1 tbsp. lemon juice

## DIRECTIONS

1. Sprinkle chicken with seasonings, rub with oil, and grill until brown and tender.
2. Place in a large casserole with lid.
3. Sieve apricots together with juice.
4. Add remaining ingredients and bring to a boil.
5. Pour over chicken and simmer for 10 minutes in oven with lid on.
6. Remove cover and simmer another 10 to 15 minutes, ensuring that chicken is well coated with sauce.
7. Serve hot or cold.





# RECIPE | JERUSALEM CHICKEN

serves 4

## INGREDIENTS

1 pkg. Hollandaise  
sauce (Knorr's)

3 tsp. tarragon  
leaves

Seasoning salt

Lemon pepper

1 lb. mushrooms,  
sliced

1 (14 oz.) jar  
artichoke hearts

4-6 chicken breasts,  
boned & skinned

## DIRECTIONS

1. Mix all ingredients together.
2. Pour over chicken breasts.
3. Cover with foil.
4. Bake at 350 degrees for 35 minutes.
5. Remove foil and bake for 20 minutes more.





# RECIPE | MY DAUGHTER'S FAVORITE CHICKEN

serves 4

## INGREDIENTS

4-5 Boneless/  
Skinless Chicken  
Breasts (2 lbs.)

1 pkg. dry onion  
soup mix

1 bottle Italian  
salad dressing

1 (8-oz.) jar apricot  
jam (may also use  
peach or plum)

## DIRECTIONS

1. Cut chicken into strips if desired.
2. Combine soup mix, dressing, and jam.
3. Pour sauce over chicken.
4. Bake at 350°F for about 30 to 40 minutes or until juices run clear and chicken is tender.



# RECIPE | MR. BRISKET'S BRISKET

serves 8-10

## INGREDIENTS

- 1 beef brisket (6-8 lb.)
- 1 (12 oz.) bottle chili sauce
- 1 (12 oz.) can cola
- 1 packet onion soup mix

## DIRECTIONS

1. Preheat oven to 325 °F.
2. Place meat in large roasting pan, fat side up. Combine remaining ingredients and pour over meat.
3. Cover and cook 3-5 hours, or until fork-tender.
4. Pour off juices into a container and place in refrigerator uncovered. Cool meat, then wrap and chill overnight.
5. To serve, preheat oven to 350°. Remove fat fayer from meat and discard. Slice meat across grain as thick as desired.
6. Place meat in roasting pan. Remove congealed fat from juices and bring mixture to a boil in a saucepan.
7. Pour juices over meat; cover and place in oven just until hot.
8. Cook 1-2 hours.

**Note:** Can also be done with veal brisket.

Want to learn more about the Feasts of Deliverance?

# HANUKKAH PURIM PASSOVER

*Let us come to you!*

Our trained Friends of Israel workers can come and demonstrate one of the Feasts of Deliverance (Hanukkah, Purim, Passover) to your congregation or group.

To experience a feast demonstration live, please visit **[foi.org/speakers](https://foi.org/speakers)**